

Madurai Health and Leprosy Relief Centre

Annual Report of Mahelerecen 2013 – 14

Madurai Health and Leprosy Relief Centre 12/10, Sister Rose 2nd Street, Melaponnagaram,

Madurai - 625 016, Tamil Nadu, India Phone: 91- 452-2360159 Email: humanhealthserve@rediffmail.com www.mahelerecen.50webs.com

Annual Report From April 1, 2013 up to March 31, 2014

Submission Letter

We are holding this present opportunity to submit Madurai Health and Leprosy Relief Centre's annual report from April 1, 2013 to March 31, 2014. Our administration has the pleasure to share all the activities information done durant the period mentioned up. We are hoping that this report will meet your favorable expectation. Many thanks for your good cooperation and your appreciable support for the poorest people around Madurai district Tamil Nadu.

Dr S Maria Xavier Turtius Executive Secretary

Medical Consultant Speech

Halo all,

The day I begun my journey with MAHELERECEN (Madurai Health and Leprosy Relief Centre), I met leprosy people across the rural and remote location of Madurai.

The experience to start, right from thinking attitude of people here, to their lifestyle and their greetings. We saw cases scattered in high altitude areas but all in different villages which required us to travel different durations to reach them. The sessions were weekly conducted and we selected certain bunch of locations to be covered for the day.

The response from them was warm greeting, collecting all people nearby in one venue to get their follow up check up and get their monthly drugs. With their participation has always been a appreciation for me and centre to keep on working for their welfare.

It can be improved with more screening and conducting more awareness programs in the way understands it much better. The people here are busy with their occupational functions like farming or their earning which is sufficient only for their basic needs where unfortunately health is not a priority.

To vanish the disease from within we need to enlighten them with knowledge of the disease, their regular active participation need as well as little efforts by you all.

Thank you,

Dr Dhawalraj, Medical Officer. Email: <u>dhawalrajp@iuhs.edu</u>

History

Madurai Health and Leprosy Relief Centre (MAHELERECEN) is a Non-Governmental and Non - Profitable Registered Organization doing voluntary health Promotion and Preventive services of General Health Education, Leprosy Awareness classes, Case detection, Treatment and Rehabilitation services for leprosy disabled among the deserving slum & rural population of Madurai District since 1991.

From 1991, we organized health education and leprosy awareness classes conducted in every school going children with our flip chart and slide shows. For this education we got permission from the chief education officer, District education office. During this period we detected new (fresh) leprosy cases among the school children.

Every month we conduct a leprosy clinic at the Grace Kennet hospital till 1995, after 1996, we have opened a small Dispensary (Mahelerecen clinic) with lab facility. Every month we conduct leprosy mobile clinic at in and Madurai districts and Dindigul District, Tamil Nadu, India. We are detecting new, fresh cases of leprosy through the skin check up from the school children. We identify leprosy patches among the students and they were treated with MDT treatment.

In the meantime we started leprosy rehabilitation activities for our deformity patients since 1999. So far we have supported the member of deformity patients is benefited persons is 56.

Context

India has one of the largest populations around the world. The leprosy illness has been affected many of our people within the country. In the opinion of the India government the disease is not public health issue according to the largest of the population, and the illness is increasingly affecting urban and rural population every minute. From 1991 to now Madurai Health and Leprosy Relief Centre as registered in charitable Medical organization has detected more than 476 cases and treated 350 patients and 126 patients are under treatment now. Indeed, the last 23 years we are doing leprosy eradication and rehabilitation activities, health awareness programs, rehabilitation services, case detection and free medical care to all leprosy cases.

Activities planed

- 1. Health education
- 2. Case detection
- 3. Free treatment
- 4. Rehabilitation

Activities Realized

Health education

Leprosy awareness and Health awareness programs conducted to all schools in our project area and assembled groups is self help group and village people.

Case holding

Case detection is in two different ways we are doing, the first one is School skin checkup and second one is survey. Last year we are detecting 25 leprosies patients through this activity.

Treatment

Last year 2013-14 we have given medical support in and around 56 villages in Madurai district. Monthly our Medical team members with Dr Dhawalraj is going to this villages and meet the patients and doing monthly checkup and treat this patients. Through this activities not only leprosy and also their general health also cared by our Free medical service.

By the Socio Economic Rehabilitation (SER) activities 8 beneficiaries got the financial support form our centre. Last year around Rs 72,000 is sanctioned for this Rehabilitation activity. Through this activity beneficiaries got the income generating activities like petty shop, flower business, purchase of cow and sheep through Milk business.

Through the above activities we also to extend to our activities in Mother and child care, education, disabilities ect in coming years.

Madurai Health and Leprosy Relief Centre's activities visibilities

1. Health Education programs:-

Health education program conducted to the school students to aware of the disease through lecture, slide shows and also through DVD player. To understand the diseases and to motivate participants in the educational institutions.

1(a) Audio Visual Health education

With the help of leprosy DVDs from **The Leprosy Mission** (*TLM*) our organization conducted the health education programs to the educational institutions.



1(b) TME Programme

The Machi Education (TME) is an UK based non profitable educational organization. They are educating the health problems through DVDs in different topics. They know about our activities and to donate us the Educational DVD's and portable DVD player. Mr Clive - coordinator of TME, donated us this DVDs during their Madurai visit in the month of September 2012. From September 2012 onwards we are introducing our health education activities through the Audio Visual system to the School students and public.





In the Month of April 2013, to know our service the **edubyte** from Australia gave us the educational DVD software for school education. Our team members using this software.

1(c) Leprosy awareness in NSS camps:

Yearly NSS (National Service Scheme) program our MAHELERECEN got the invitation from the schools and colleges. And our team members also going and also participating this programs.



Health education activities in Schools



2. Skin check up and Case Detection

Every year we are doing skin check for the school students. these activity prevent the occurrence of deformity. Skin check-up to detect new cases from the school population. Students are getting care in early ages.

No of fresh cases detected among the school children = 21

During the period of child hood most of the students have low immunity against the Leprosy disease. We detected 2 to 3 cases of leprosy among the 1000 student population, so we concentrate more to eradicate leprosy among the school students.

Table 1

S No	Skin check up	2011-12	2012-13	After April 2013 to Dec
1	No of Schools benefited through Skin check up	63	58	41
2	No of Schools students benefited through Skin check up	8451	7423	8927

3. Free Treatment :-

Prevention of Deformity (POD)

We are giving every month chemotherapy treatment (MDT) to all detected cases. Every new found patient gets MDT treatment for curing the infection. This activity aims to prevent deformity through early detection and treatment.

Physiotherapy treatment is also given to our deformed patients as well as active and passive exercises, wax baths and oil massages. Ulcer patients are getting ulcer dressing treatment and we advise these patients how to keep the limbs (hands &feet) without blisters and ulcers.



Free Mobile Medical Camp:

Every Month We are conducting free mobile camps in our Area.

- 1) At Natraj nager village in our MAHELERECEN Clinic, Madurai.
- 2) At Thiruparankundram and surrounding Villages, Madurai.
- 3) At Koombur Block villages, Vedachanddor, Dindigul District.



Total number of Leprosy cases = 476 Total number of deformed cases under our care =103 Number of new leprosy cases found from school = 21 Number of General cases treated = 156



Mobile Medical team in Sambakkulam village, Madurai district, Tamil Nadu, India.

4. Socio Economic Rehabilitation :-

Community Based Rehabilitation

We are conducting Socio-Economic Rehabilitation Program for cured and disabled (deformity) Persons to lift up their Economical status through our corpus fund Rs. 3,50,000/- . No. Of Benefited persons are 48 from 1999 to 2013 and for their self-employment work.

S.No	Date	Name of the beneficiary	Purpose of loan	Loan Amount
1	10. 7. 2013	Miss. Muthupillai, Karadi patti village, keelakuilkudi, Madurai	Devolopment for petty shop.	Rs 6,000
2	10.07.2013	Mr. Arumugam, 1/30, erkudy P.o, Athampathu, Madurai 625 019.	Purchase of Jasmine flower and sale.	Rs 10,000
3	27.10.2013	Mr. Kamatchi Naidu, Gandhiji Colony, Ellis Nager, Madurai 625 016.	Development of Petty shop	Rs 8, 000
4	24.11.2013	Mrs Karuppyi Thiruparan kundram, Madurai	Development of Umbrella and sale	Rs 8,000
5	31/3/2014	Malaiveeran S/o Karuppanan Thopplan patty Kattuveedu, E B Road back side, Kallandarai Post. Madurai	Purchase of Cow and milk business	Rs 10,000
6	31/3/2014	Mr Pitchai thevar 72, Nayakkan Patti Kallandarai Post. Madurai	Purchase of Cow and milk business	Rs 10,000
7	31/3/2014	M.Adaikan S/O Muthan Nayakkan Patti Madurai	Purchase of Goats & Sale	Rs 10,000
8	31/3/2014	Vadavalli S/o Karuppanan Amanthoorpatty. Kallandarai Post. Madurai	Purchase of Goats & Sale	Rs 10,000

Anti Leprosy Day 31 Jan 2014



Madurai Health and Leprosy Relief Centre (MAHELERECEN) is celebrates the Anti Leprosy day 2014 on 31st January, at Shri Visalakshi Mill High School, New villangudy, Madurai. School students is

listening the speech of our staff Mr A.Vincent. End of the function the questions asked by the students and clarify their doubts. some students show their doubtable patches.

Date & Year	Conference / Workshop/ Exhibition	Location	National/International/ state/ Regional level
June 14-15, 2013	NGO INDIA 2013- Giving Back Conference & Exhibition, Organized By Guidestarindia, UBM India	Bombay Exhibition centre, Mumbai	National Level
August 20, 2013	Joy of Giving Week - workshop by Give India	ASHA NIVAS, Chennai	Regional level
November 29, 2013	FCRA Outreach Seminar , organized By Ministry of Home affaires, Govt of India	Park View Hotel Chennai	Regional level
December 7, 2013	World Disability Day Organized by CPM	Mobility India Bangalore	Workshop State level
May 15, 2014	Stockholders meet at TLM Hospital, Vadathorasalur.	Vocational Training Centre, Vadathorasalur, Villupuram District	Group meeting and discussion

Work shop participated / Conference attended:-Table -4

Joy of Giving



Our Madurai Health and Leprosy Relief Centre is Giving the Bed sheet to 30 beneficiaries during the time of Christmas time and Mr George and his family members donating the new dress to the deformed leprosy persons.

District Leprosy Officer visit:-



District Leprosy Officer Dr Amutha and their team members met our Executive Secretary in our Office promises on 12th December 2013.

National Urban Health Mission(NUHM) Team Visited our Org

On 2nd December, 2013 the technical resource group members Dr. T Sundararaman (Executive Director, NHSRC), Dr. Ganapathy (Executive Director, PHRN) and Mrs Prathibha from **National Urban Health Mission** (NUHM) New Delhi along with Mrs Yasodha Chief Health Officer, Corporation of Madurai visited our Leprosy centre. The objective of their visit was to understand the barriers faced by urban vulnerable groups in accessing healthcare. Our patients with deformity attended the group discussion. The technical group inquired about our activities and they discussed with our patients regarding their treatment, difficulties and economic condition etc. The group discussion was held for an hour from 4 -5 pm. This programme was organized by our Executive secretary Mr S. Maria Xavier Turtius; the governing body members Mr A. Vincent and Mr. M. Raja. Mr. S. Thomas also attended this meeting.



Giving Back - NGO INDIA 2013, BOMBAY CONVENTION & EXHIBITION CENTRE, GOREGAON (EAST), MUMBAI, June 14-15. 2013

GuideStar India is delighted to present the second edition of "**Giving Back - NGO India 2013**", a not-for-profit large scale exhibition and conference designed to bring together NGOs from across India to share learning and best practices, and engage with key stakeholders including local and international corporate, foundations, government and the general public. Our **Madurai Health and Leprosy Relief Centre** is also participated this function and show our activities. Over 120 NGOs and corporate foundations presenting their works. The event is being held in association with Guide star India and is supported by Oxfam India, Common Purpose, Lend-A-Hand, IDOBRO, Wockhardt Foundation etc.



Bombay Leprosy Project Director Visited our Stall

Constrain

- Limited funds to cover all areas.
- Insufficient of medicine comparatively to the number of cases
- Need of car to facilitate the implementation of activities due to the distances

Perspectives

- To provide more staff with good salary
- To provide medical doctors and new staff appointment for full time
- Four-wheeler facility /Ambulance facility for Medical team village visit.
- To provide portable LCD projector for health education/awareness program in schools and education institutions
- Handy camcorder HD for project report
- To provide sufficient fund for medicaments and treatments
- Separate building for office cum dispensary
- To preserve laboratory equipment